

Q1. All staff within care homes should undertake specific falls prevention training. This training should be delivered face to face and cover both theoretical and practical elements. Training should be offered on induction and refreshed at regular intervals.

**Answer to Question 1**

All our staff have undertaken falls prevention theory training and practical alongside the moving and handling training before they join our team. This was already in place when Health Watch visited. Practical training is updated yearly and the falls prevention booklet is updated 3 yearly.

Q2. A falls risk assessment should be carried out by all care homes as part of the pre admission process and should involve the input of relatives and carers where possible to provide insight into the residents' capabilities.

**Answer to Question 2**

This is completed on admission to Carseld. It can be done with pre admission although from my experience this is not a true assessment as their needs are different once they arrive and settle in to the home.

Q3. All residents who meet the criteria for a SAFE assessment should be referred by the care home staff on admission to ensure a package of care and therapy is in place for the resident.

**Answer to Question 3**

Residents, who meet the criteria, will and have been referred for a SAFE assessment.

Q4. Managers should review their methods for assessing the safety of the environment to ensure that hazards are reduced which should include staff carrying out regular checks throughout the day to make sure there are no trip hazards around the home.

**Answer to Question 4**

This has now been added to the senior daily checklist, and is done visually by all the staff and the Manager.

Q5. All residents should be given information on how they can help reduce the risk of a fall. The Chartered Society of Physiotherapists in partnership with SAGA produced a patient friendly guide that could be used. This information should be provided on admission and readily available throughout the care home for residents to refer to.

**Answer to Question 5**

All residents have a copy of this paperwork in their bedroom and care plan and it is incorporated within our chair based exercises. There are also copies on our boards and around the home for residents and families to read.

Q6. Residents should be made aware of the importance of staying mobile and encouraged to take part in activities to improve strength and balance.

**Answer to Question 6**

The get up and stay mobile document has been handed to the residents and it is also placed around the home for everyone to read. All our residents are encouraged to be independent and stay mobile, if this is not achieved a referral will be sent to the Occupational therapy and physiotherapy.

7. Managers should ensure that mechanisms are in place to improve the learning culture around falls to aid future prevention.

**Answer to Question 7**

All mechanism is in place to improve the culture around falls to aid future prevention. All equipment needed is in place and staff are fully trained in the area.

Kind Regards

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